Air (2011) is a score consisting of 40 different verbally instructed parts. Performers (at least two persons) are invited to make a group realization of the composition using any amount of this material. The order of actions and their respective timings should be decided collectively prior to the performance. The resultant realization should be the product of a conversation between the performers and it should by no means be decided by one single person. In the case of a large group (more than 10 persons), the players should at first collectively decide the duration of their performance and then they should form subgroups. Each of these should decide for themselves upon the material to be played in the predetermined duration. It is not necessary for each subgroup to know prior to the performance what any other is going to play.

The actions of Air may be combined in any manner (based on the performers’ choice), so that an action can continue while another starts, more than one action can be performed simultaneously etc. An action can be repeated by the same person provided that one or more other actions are inserted between repetitions to avoid successive appearances of the same action. The order in which the actions are presented in this score reflects no structural preference on the part of the composer. The duration of the performance is indeterminate but it should not be less than 5 minutes.

The aim of Air is to observe movement as music, to “hear” movement itself. Consequently there should be no use of any kind of pre-recorded or live music during the performance. You are encouraged to perform your chosen action(s) as naturally as possible. Extreme displays and theatrics should be avoided at all costs.

Each version should be agreed on for the specific performance; it may not be rehearsed or played at an earlier performance.
Air 1

standing on my feet
I lift one leg off the ground in an uninterrupted motion which lasts 1 min

I stay there

I feel the leg that keeps me standing
I close my eyes
Now I lift the other leg
I am in the air
I am relaxed

I am in the air

I descend. I do not rush.
I open my eyes

Fingers

I extend my arms
my fingers are dancing

Mirror

a full length mirror
I dance faster than my reflection
I stop only when I have no breath left inside of me

Think!

staying still with eyes closed
I do not rush

I consider my next move in every detail, to the smallest fraction of a second
I complete the motion in my head

I open my eyes
I perform

Alexis Porfiriadis, 2011

Air (actions: Air1, Fingers, Mirror, Think!)
**Floor**

on the ground with my face down
closed eyes

I let gravity suck my body into the ground
I feel the weight dragging me inside

I am inside

when I can no longer breathe, I stand up

**Body**

with the index of my right hand
I trace slowly, calmly
and with the utmost concentration

every inch of my body
(in case of multiple performers,
I trace every inch of my fellow dancer's bodies too)

following a straight line
from my left toe
to my lips

**Toe**

dancing on my right big toe

I am dancing only on that toe
for 2 minutes

**Fetus**

a curled up fetus
completely still

for 1 minute

Alexis Porfiriadis, 2011
Air (actions: Floor, Body, Toe, Fetus)
**Air 2**

jumping in the air 20 times
but each time
I stay there longer and longer…

**Touch**

touching all audience members
as fast as I can

**Fall**

letting myself fall on the ground
getting up at once
I repeat 25 times

**Seconds**

a calm motion lasting 2"
another lasting 7"

yet another lasting 14"
a final one lasting 37"

precisely

**Run**

running from one end of the space to the other
repeating until I am out of breath

when I feel I have to stop, I locate an audience member that I do not know
calmly I place his/her hand on my chest,
so they can feel my breath and my heartbeat

Alexis Porfiriadis, 2011

*Air* (actions: Air 2, Touch, Fall, Seconds, Run)
**Turn**

- a turn
- two turns, one after the other
- three turns, one after the other
- three turns, one after the other
- four turns, one after the other
- ...

**Song**

- closed eyes
- thinking of a song I like a lot
- dancing to it while singing it in my head

**Inches**

- lifting my leg
- I keep it lifted for 1 minute
- I bring it back down on the ground
- inch by inch

**Item**

- approaching an audience member that I do not know
- I try to move them, with their seat to another point in the space
- I do not rush
- I try until I cannot go on any longer

**Tips**

- on my toe tips
- for 1 minute
Air 3

closed eyes

feeling the air and the space in front of me
touching it without moving my legs

feeling the air and the space behind me

I do not rush

feeling the air and the space over my head
touching it without moving my legs

feeling the air and the space to my right
I relax

I do not rush

feeling the air and the space to my left
touching it without moving my legs

Ballerina

closed eyes
I relax

I do not rush
I relax

I imagine I am a clockwork ballerina

I become that ballerina for 1 to 3 minutes

Ballet

I perform a 2 minute excerpt from a classical ballet choreography that I like

Alexis Porfiriadis, 2011

Air (actions: Air 3, Ballerina, Ballet)
**Wall**

gathering up speed

running with all my strength and crush myself on the wall

going back to my starting point

I repeat

again

again

again

**Item 2**

I find the heaviest item in the space

I try to move it, even slightly

**Professor**

I close my eyes

I think of a dance professor that had annoyed me very much
or had made my life difficult for no reason

I open my eyes

I dance for 2 minutes in a way that would make them really mad

**Air 4**

making intense movements with my arms for 1 minute
so that I feel the air against my palms continuously and uninterruptedly

Alexis Porfiriadis, 2011

*Air* (actions: Wall, Item 2, Professor, Air 4)
**Audience**

using a member of the audience as my centre for 1 minute

**Wall 2**

every inch of my body is gradually touching the wall

slowly

very slowly

I close my eyes

I mold into the wall

I become one with its materials

I do not rush

when I can no longer breathe, I exit

**Closed eyes**

closed eyes

thinking of a person very dear to me

dancing with him/her for 2 minutes

with my eyes closed

**Pulse**

one beat of my heart

one step in the space, exactly

60 times
**Air 5**

shaking a piece of clothing/a cloth 100 times

so I can hear the sound of the air

**Unprotected**

all the lights go out

I dance naked, very intensely, very close to the audience for 1 minute

I stop

I get dressed without rushing

the lights are turn on again

**Sweat**

finding someone very dear to me in the audience

I hug them very tightly for 1 minute

I do not let them know before the performance

I perform this action only if I am sweaty enough

**Breathing 1**

deep inhalation = one continuous motion

deep exhalation = one continuous motion

30 times
**Audience 2**

touching an audience member that I do not know
dancing with them for 1 minute without losing contact

**Wall 3**
picking a wall, with my back facing the audience
taking my shirt off with a quick move and press myself against the wall

I close my eyes
I feel its temperature
I make 5 infinitesimal motions with my torso pressed against the wall

I open my eyes
I get dressed, with no unnecessary motions

**57 times**
I stand up
I sit down
I stand up
I sit down
57 times

**Breathing 2**
my every first move is an inhalation
my every second move is an exhalation

no move without a breath of its own

for 2 to 3 minutes
10 sec

I stay still for 10 sec
one infinitesimal motion during the next 10 sec
I repeat the process as necessary

Limits

Performing the most difficult dance figure
that I would like to be able to perform

but which my body prevents me from performing

Again
Again
Again
Again
Again

Wall 4

I approach a wall
I close my eyes

I imagine that a person I love is imprisoned behind this wall

I move the wall

I do not despair, I move the wall
I do not stop

until I reach my beloved person or have no more strength left in me